



Adapting Housing First Research Programme

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Project Co-ordinator: Sophia Housing Association **Research Lead:** Y-Foundation



What are the objectives of this Research Project?

All the partners in the programme are committed to the principles of Housing First and in particular Housing being the primary solution to homelessness. The Partners are of the strong belief, in particular, that the provision of Homes is the primary solution to homelessness. The Partners in this project also believe that resources should be prioritised and directed towards providing homes and providing the support required to successfully progress out of homelessness.

The Partners also want to explore how the Housing First Programme has been developed and adapted across the EU. For example, the Housing First model as articulated by the work of Dr Sam Tsemberis (Founder of the Pathways Housing First Model) recommends that the housing selected for people who are experiencing homelessness should be individual homes scattered throughout the community as opposed to having a number of homes on the one site for the same target group. One of adaptations that this research will examine if using a single site could also deliver the same outcomes in terms of housing stability as scattered sites.

In addition to this, the research will examine the training needs of the professionals in Europe who are currently providing these services.

Who are the Partners in this Research?

The Programme is being managed by Sophia Housing Association and the Research aspect of the programme is being led by the Y-Foundation (Finland).



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Interviews:

Sophia is inviting professionals who are committed to and who have experience of Housing First to participate in one-to-one Interviews by Zoom/Teams or in person, for a maximum of 1.5 hours.

The interview will be recorded and conducted by an experienced researcher independent of Sophia and the data will be forwarded to the Y-Foundation for analysis.

All of the data collected will be treated with confidentiality and the project will operate to the highest ethical research standards. The research findings will be officially launched in the European Parliament in 2025. Prior to this, an interim report will be presented by the Y-Foundation at a conference in Ireland in March 2025.

The research findings will be reported in national and international scientific publications and research reports. Participants will not be identified from the completed study, but it is possible that their profession will be identified. The data will be available to the members of the research team for five years after the end of the project, after which it will be destroyed. If you agree to participate in the research, you will be asked to sign a consent form.

Sophia's role is to provide administration support to the research programme.

CONTACTS:

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