



Sophia

providing homes • supporting people

Adapting Housing First

Before the Dawn of Time.....

- Founded by Sr Jean Quinn D.W and Eamonn Martin in 1997
- Housing With Support.....
- Impact of Poverty.....What we now call Trauma
 - Quality Homes
 - Pace of the Work
 - Professionalism and Emotional Warmth
 - External Environment

Influenced or Similar to

- Carl Rogers.....
 - Unconditional Positive Regard..... Acceptance
 - Empathy
 - Congruence

Influenced by.....

- Dr Eoin O Sullivan..... Trinity College Dublin.....”Ending Homelessness a housing led approach (2012)
- Dr Sam Tsemberis
- Homelessness Policy Statement (2013)
- Experience(s) of Sophia Staff
- SMES Europa..... “Home First”

Relationship with Religious Congregations

- Land for Homes
- Reinventing a purpose for land to meet one of the most pressing needs in society

Culture.....

What did you have for
Breakfast.....

Does the work of Sophia include Adaptions?

- Single Site
- Sophia is the **support provider and the Landlord**
- Don't consistently have access ton Multi-Disciplinary Teams

Does it work.....?

- Housing Stability Rate is over 90%
- Rent Collection Rate is 91%

Adaptions..... But

Sophia also has.....Scattered Site

Many of the Interventions associated with Housing First

Towards a Hybrid Model

- Single site and Scatted Site
- Values drive the Intervention
- We have an openness to learning.....”let your hearts be caught off guard....
- Evidence based.....Not enough data or research
- Coalition of Learning..... Focused on the Person experiencing homelessness

More Food for Thought.....

- What does Home mean in a 21st Century
- Housing First..... for All ?
- If we are tested by Recession are we ready.....

Hope.....

- Human Rights
- Outcomes
- We know that we are making a difference
- There is a critical mass now who believe in supporting people to have a home with support is the priority